



Epic Life

Author: Michael Scobey

P_{review}

This lesson will guide us towards living life to the fullest, while giving God all of it.

P_{raise}

Give each person a marker and tell them they have 2 minutes to get as many signatures on one (bare) foot as possible. When the time is up, count the signatures and determine the winner. Remember not to emphasize the winning but the fun. Laughs (and tickling) are guaranteed.

P_{arable}

What is the most “epic” thing you’ve ever done? Talk about it for a minute. Take suggestions from the group (sky diving, shark cage, skiing, etc.).

P_{resent}

Epic is one of those words that has come and gone. You remember last year when we described everything great as “epic”? There’s nothing wrong with that. But what made all the things we just described “epic”? *Discuss*. Those are all great answers. It’s just like the foot signatures. You guys are going to remember that one for a little while. (At least until you wash your feet again.) So what does it mean to live an EPIC life? Take a step back and look at what you’re doing daily, weekly, or even in the last year. Do you think you are living an epic life for Christ? Let’s talk about some aspects of an epic life.

An epic life is a life that is different.

Many have trouble remembering names of new people they meet. Most will even forget the initial conversation they have with a new person unless something sticks out about the person. One thing that sticks out to me when I am meeting a new person at a gathering is what they eat. I know it’s weird, but I seem to remember people’s names better by remembering conversations about what kinds of food they like. For instance, it’s very easy to remember things about people who are picky eaters. You meet a guy who won’t eat anything but chicken tenders and fries, and he’s 25 years old. That sticks in your mind. It’s different. You’ll be like, “Oh, I remember that guy.”



Part of an epic life doesn't have to do with your eating habits, but it has to do with being different than the people around you.

“Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you” (II Corinthians 6:17).

The Word of God calls us as Christians to be different than the people around us. What does that mean? We shouldn't talk like some of our classmates talk. There should be some things that are just off limits to say. What about our actions? If we are living an EPIC life for Jesus, we aren't going to participate in some of the things that our classmates do. Our words and actions matter and will determine our direction spiritually. We can't expect to do anything for Jesus if we do the same things as our friends who don't serve Jesus. We are different, and that's cool. In fact, it's EPIC.

An EPIC life is also one that is memorable.

When you do something in life that is worth telling the story about, it's always memorable. Maybe it was just so risky and dangerous that you can't help but remember it. Maybe when you attempted it you fell and broke your arm. (Hopefully not!) It's important that we have those epic moments in life to mix it up and give us something to remember and look forward to in the future. The same goes for us spiritually.

Too many of us just get caught up in going to church on Sunday and Wednesday and really not living out the gospel in between. It's vital that we take what God gives us on Sunday and Wednesday and put it into practice on Monday, Tuesday, Thursday, and so on. For example, we can hear sermons on this verse week after week:

"But he that is greatest among you shall be your servant" (Matthew 23:11).

But if we don't take this verse and put it into motion in our lives, we haven't done ourselves any good. To live an EPIC life, we have to work to remember those encounters we had with God on Wednesdays and put them into action on Fridays. When we hear messages on servanthood, grace, love, worship, let's DO what those messages are saying. Remember what James 1:22 says.

“But be ye doers of the word, and not hearers only, deceiving your own selves” (James 1:22).

EPIC people can change the world, but we must first change ourselves. What are you doing that is memorable? What are you putting into action in your life this week that is any different than last week? Change your world, and then you can change the world.



Most everybody loves dogs. If you don't own one, you secretly want to. (Especially a Pomeranian or a little lapdog). I've even seen some ladies that bring their dogs shopping with them. You're just walking down the aisle and BOOM, there's a dog in the purse just chillin' out. What makes those dogs so cool is that they listen and learn what is right and wrong. You train dogs not to "potty" in the house or jump up on people. They learn because they are a bit scared of people. But there is nothing scarier than a dog that is absolutely fearless. Anybody ever snuck into a neighbor's backyard and suddenly you are face to face with a ginormous man-eating machine?! I think everybody has done that. At that moment, what is the initial reaction? RUN FOR YOUR LIFE!

Imagine what the devil would do if we as Christians would live an absolutely fearless life. If we woke up in the morning confident and committed to doing something epic for Jesus, Satan wouldn't be able to do anything to stop us. What we do on Sundays and Wednesdays doesn't scare him. What he's scared of is when we make a decision to LIVE it and be EPIC! That intimidates him and he hides.

Did you know you have nothing to fear?

"Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee" (Deuteronomy 31:6).

If we wake up every day, make an intentional effort to commit that day to Jesus, and live an EPIC life for Him, nothing we face that day will scare us. We should live with the confidence that we can change our school and win our friends for Christ.

Ultimately, to do something EPIC we have to make up our mind to be fearless in living for God. Nothing can or will come against us that will shake our relationship with Jesus. We just won't let it. That is what living an EPIC life looks like!

P ractice

What are 3 attributes of an EPIC life for Christ?
Why are these important?
How can you put this into motion today?

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God, I want to thank you for the opportunity You have given us today to gather and talk about your Word and how it applies in our lives today. We want to do something epic for you, but we know it starts by transforming our personal lives. Jesus, give us the wisdom and the confidence to live for you with everything inside of us. We want to be epic for YOUR kingdom and your



glory alone. Bless our classes today and lead us to do our very best for your name's sake. In Jesus' name, amen.

Plus

Commit today to make a move toward an EPIC life for Christ. Put the Word of God into motion and be fearless. What do you have to lose?